

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 FIRST DAY OF TENNIS!  Tryouts: 3:00pm-4:00pm Location: The Sports Barn	19  Tryouts: 3:00pm-4:00pm Location: The Sports Barn	20  Tryouts: 6:00pm -7:00pm Location: The Sports Barn	21  Practice: Yoga East 3:00pm-4:00pm	22  Practice: 3:00pm- 4:00pm Location: The Sports Barn	23
24/31	25  Practice: 4:00pm- 5:00pm Location: The Sports Barn	26  Practice: 4:00pm- 5:00pm Location: The Sports Barn	27  Practice: 3:00pm- 4:00pm Location: The Sports Barn	28  Practice: STA Weight Room Time:TBD	29  Practice: 4:00pm- 5:00pm Location: The Sports Barn	30

## NOTES:

### The Sports Barn:

We will be here until the outdoor courts are cleared. The Sports Barn is located at: 95 Drakeside Rd. Hampton, NH 03842. Athletes will be responsible for their own transportation to practices at this location.

### Yoga East:

We will be taking a yoga class as a team. The class will focus on stretching, and strengthening muscles for the season. Yoga East is located at: 2 State Rd. Kittery, ME 03904. Athletes will be responsible for their own transportation to here.

### Dearborn Park:

The home courts for STA tennis. Dearborn Park is located at: 21 Exeter Rd. North Hampton, NH 03862. All practices and home games are held here. Athletes will be responsible for transportation.